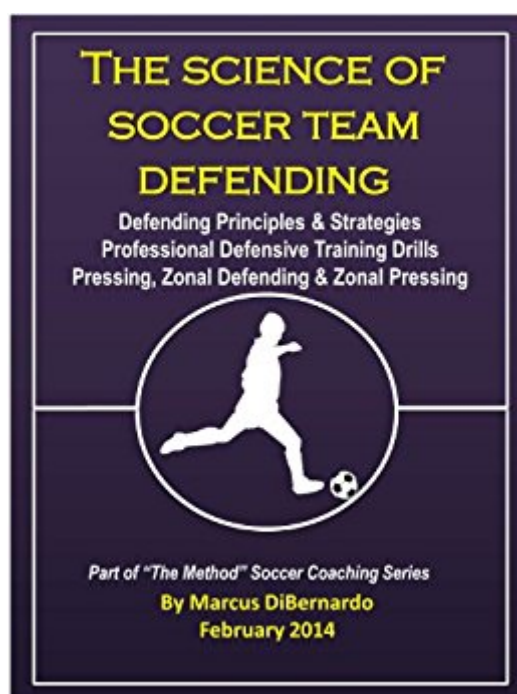


The book was found

The Science Of Soccer Team Defending: Professional Defensive Drills Defending Principles & Strategies Pressing, Zonal Defending & Zonal Pressing



Synopsis

The Science of Soccer Team Defending covers zonal defending, zonal pressing, pressing and key defensive principles and strategies. The training sessions are from some of the top clubs in the world. The book is a culmination of the best drills and information I have gathered in 20+ years of coaching soccer. I use every training session in the book with my teams; applying the strategies and principles to all of the formations we use. I am confident “The Science of Soccer Team Defending” will improve your ability to coach defense.

Book Information

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Customer Reviews

The language used is easy to understand and the concepts are demonstrated well. However it lacks depth - it is too short.

Never received!

There are many good drills in this book. There are a lot of book written by this author, all good books.

This Book covers key principles and issues of defending. Helpful drills are included ... Can be used at all levels

All of Marcus's books have been very helpful and informative. I appreciate very much the time spent on organizing the information.

There is as much knowledge here as 5 minutes of youtube on the subject. Better of doing a google search.

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